

# MEMBER ASSISTANCE PROGRAM

Maximize your health and effectiveness at home and at work utilizing the MAP. You receive confidential, personal help for a wide range of difficulties from everyday concerns to more serious problems.

## Counseling Services

Confidential help with personal or work related problems. A counselor is available 24/7/365 to assist you with:

- Marital or family problems
- Financial/legal difficulties
- Balancing work/life situations
- Emotional or stress related problems
- Drug or alcohol abuse
- Problems related to work

## Medical Advocacy

Access to Personal Health Partners who act as a representative answering questions regarding:

- Discharge Planning
- Elderly and Aging Issues
- Care Transition
- Medical Appointment Preparation
- Healthcare Transportation
- Durable Medical Equipment Coordination

## Home Safe

Reimbursement for cab fare home if you have been out drinking and need a safe ride home.

- Offered 7 days a week/ 365 days a year
- \$25 reimbursement provided up to 3 times in a calendar year for receipts submitted within 30 days of safe ride home.

**MAP**

## Work-Life

A collection of web-based information, tools and resources supporting all family, caregiving and daily living topics.

- Sign on to [www.lytleeap.com](http://www.lytleeap.com)
- Click on the Login button
- Enter password: ironworkers
- Select work/life

## Legal and Financial

Thirty minute consultation for legal difficulties. Includes a 25% discount if the attorney is retained. Telephonic consultation with a financial professional for financial problems.

*Legal matters involving disputes or actions between members or with employers are not covered.*

Call the MAP with questions or to schedule an appointment

**1-888-877-8997**

[www.lytleeap.com](http://www.lytleeap.com)

Password: ironworkers



**LYTLEEAP PARTNERS**  
An AllOne Health Company